



DISCOVER OUR FLAX S03

FLAXS03 delivers the potent benefits of flaxseed oil in a convenient vegetarian softgel capsule. Each capsule contains 520mg of 100% raw, cold-pressed, organic, and unrefined flaxseed oil, ensuring purity and maximum nutrient retention.

SOURCE :

Premium Organic Flax Seeds

PROCESS :

Cold-pressed at low temperatures to preserve essential fatty acids

INTEGRITY :

No chemical refining, bleaching, or deodorizing



WHEN THE INTENTION IS PURE SO IS THE PRODUCT

**APABILA NIAT SUCI,
BEGITU JUGA DENGAN PRODUK**

MANUFACTURED BY :



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FLAX SEED OIL 520MG FLAX S03



WHY FLAXSEED OIL?

A CLINICALLY STUDIED SOURCE OF PLANT-BASED OMEGA-3

Flaxseed oil is extracted from the seeds of *Linum usitatissimum* and is one of the highest known sources of alpha-linolenic acid (ALA), an essential omega-3 fatty acid. ALA plays a critical role in maintaining physiological homeostasis and is a precursor to eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), supporting systemic anti-inflammatory activity.

SCIENTIFIC RATIONALE FOR USE:

CARDIOVASCULAR PROTECTION

Multiple randomized controlled trials and meta-analyses have demonstrated that dietary ALA intake is associated with reduced risk of cardiovascular events, improved endothelial function, and modulation of lipid profiles (e.g., reduction in LDL and total cholesterol levels).

ANTI-INFLAMMATORY MECHANISM:

ALA has been shown to inhibit pro-inflammatory cytokines such as IL-6 and TNF- α . This effect is particularly beneficial in managing chronic inflammatory conditions such as rheumatoid arthritis and inflammatory bowel disease.

HORMONAL MODULATION

Flaxseed contains phytoestrogens, particularly lignans, which have been investigated for their role in modulating estrogen metabolism. Emerging evidence suggests potential benefits in supporting menopausal health and reducing the risk of hormone-related cancers.

DERMATOLOGICAL SUPPORT

Clinical studies have reported that flaxseed oil supplementation improves skin hydration, barrier function, and elasticity—likely due to enhanced lipid profile and anti-inflammatory effects on dermal tissues.

PLANT-BASED, CLINICALLY VALIDATED

As plant-based nutrition becomes more prominent in preventive health strategies, flaxseed oil represents a scientifically supported alternative to marine-derived omega-3s, without the ecological or contamination concerns associated with fish oil.

THE BENEFITS

- Aids in weight loss
- Supports healthy digestive function
- Relieves constipation & diarrhea
- Helps fight cancer
- Healthy eye function
- Removes cellulite
- Reduces eczema
- Healthy glowing skin
- Treats Sjogren's Syndrome
- Boosts healthy cardiovascular function
- Supports healthy bones, joints & tendons
- Beneficial for Crohn's Disease
- Beneficial for Ulcerative Colitis
- Helps to reduce high cholesterol
- Helps reduce high blood pressure
- Aids growth of healthy hair and nails
- Helps reduce menopause symptoms

OUR PROCESS

At Thiallan Bioherbs, we cold-press our flaxseed oil at temperatures lower than the market standard. This careful process retains the oil's nutritional profile and natural sediment, offering enhanced nourishment with every capsule.

Our flaxseed oil is freshly pressed to order and encapsulated in vegetarian softgels to ensure potency and freshness.

CAPSULE INTEGRITY YOU CAN TRUST

FLAXSO3 is encapsulated using only tapioca starch, a plant-derived material extracted from the cassava root. Unlike conventional softgels made with gelatin or seaweed, our formulation is designed to meet the highest standards of purity and dietary compatibility.

THE FACTS

Flaxseed oil is an excellent source of essential Omega-3 and Omega-6 fatty acids, naturally occurring in an optimal 3:1 ratio. This balance is ideal for supporting the body's inflammatory response, helping to reduce inflammation and promote overall wellness.

One of the key components of flaxseed oil is Alpha-Linolenic Acid (ALA), a plant-based Omega-3 fatty acid. The body can convert ALA into EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) — the same vital nutrients found in fish oil, known for their cardiovascular and cognitive health benefits.

HOWEVER, FLAXSEED OIL OFFERS SEVERAL KEY ADVANTAGES OVER FISH OIL:

100% PLANT-BASED :

A perfect choice for vegetarians, vegans, and anyone seeking a plant-sourced supplement. Environmentally Sustainable: Derived from flax plants, flaxseed oil avoids the ecological concerns associated with overfishing and marine habitat disruption.

FREE FROM OCEAN CONTAMINANTS :

Unlike fish oil, flaxseed oil is not exposed to mercury, heavy metals, or industrial pollutants.

NO AFTERTASTE OR DIGESTIVE DISCOMFORT :

Flaxseed oil is naturally neutral in taste and does not cause the unpleasant fishy burps often linked to fish oil.

In addition to essential fatty acids, flaxseed oil is rich in tocopherols (vitamin E compounds) and beta-carotene, both of which are powerful antioxidants that help protect cells from oxidative stress.

For 3 capsules of FLAX SO3

OMEGA-3	900mg
OMEGA-6	270mg
OMEGA-9	156mg